Ljiljino kolo

a Serbian dance

Music: Ciga and Ivon Despotovic's "Sixteen Yugoslavian Folk Dances," side B. band 4. 2/4 meter, counted "one-and-two and," or "one-e-&-a, two-e-&-a."

Formation: Circle, "V" pos.

MEASURES

PATTERNS

I. TOWARD CENTER AND BACK

- Step on R (1), hop on R and swing L across R, knee flexed (&), step on L (2), hop on L and swing R across L, knee flexed (&)
- 2 Moving twd ctr: leap on R (1), step on L (e), step on R(&), leap on L (2), step on R (e), step on L(&). Raise hands gradually to shidr level.
- 3-4 Repeat action of meas 1-2, backing away from ctr during meas 4, and lower hands gradually.
- 5-8 Repeat action of meas 1-4.

II. TO RIGHT AND TO LEFT

(Double-bouncing Serbian style. Face ctr throughout.)

- Step on R to R (1), step on L next to R (&), step on R to R (2), touch L next to R (&).
- 2 Repeat meas 1 opp dir and ftwk.
- Repeat meas 1.
- Hop a little bkwd on R ft (1), step on L (e), hop a little bkwd on L (&), step on R (a), hop a little bkwd on R (2), step on L (e), stamp R fwd, no weight, both knees bent (&).
- 5-8 Repeat meas 1-4.

(A fun addition to Fig I is to occasionally use the steps of meas 2 to change places in the circle. Not everyone at once!)

(An easier variation of Fig II, meas. 4 is: Hop on R ft (a), step on L ft in place(1), hop on L ft (e), step on R ft in place (&), hop on R ft (a), stamp on L ft in place(2), stamp on R ft in place (e), stamp on L ft in place (&).)

Repeat dance until music ends.